



May 2021 K-8 At School Lunch Menu

<p>3 WG Chicken Corndog (2m,2wg) Corn (3/4s) Ketchup WG Bear Grahams (1wg) Fresh Cut Pineapple (1/2c) Milk (1c) <i>ca=640 cb=116 so=805</i></p>	<p>4 Bosco Sticks -2 (1m, 2wg) Marinara (1/8r) Green Beans (3/4o) Fresh Melon (1/2c) Milk (1c) <i>ca=600 cb=103 so=795</i></p>	<p>5 WG Buffalo Chicken Patty & WG Bun (2m, 2.75wg) Buffalo Sauce Broccoli (3/4g) Fresh Melon (1/2c) Milk (1c) <i>ca=625 cb=98 so=1171</i></p>	<p>6 Meatballs & Spaghetti (1.8m, 5 meatballs, 1/4r marinara) WG Pasta (1/4wg) Carrot Sticks (1/2r) Fresh Pineapple (1/2c) WG Roll (1wg) Milk (1c) <i>ca=635 cb=66 so=1035</i></p>	<p>7 WG Chicken Nuggets (2m, 1wg) WG Dinner Roll (1wg) Ketchup Baked Beans (3/4l) Fresh Melon (1/2c) Milk (1c) <i>ca=630 cb=84 so=1230</i></p>
<p>10 Beef Hot Dog & WG Bun (2m, 1.5wg) Mashed Potatoes (3/4s) Whole Apple (1/2c) Milk (1c) <i>ca=630 cb=94 so=1127</i></p>	<p>11 Walking Taco Beef (.5m) WG Nacho Chips (1wg) Refried Beans (3/4l) Cheddar Cheese (1m) Fresh Pineapple (1/2c) Milk (1c) <i>ca=645 cb=118 so=676</i></p>	<p>12 WG Chicken Nuggets (2m, 1wg) Ketchup Corn (3/4s) WG Bear Grahams (1wg) Fresh Melon (1/2c) Milk (1c) <i>ca=645 cb=85 so=709</i></p>	<p>13 Sloppy Joe (2m, 1/4r) WG Bun (1.75wg) Hash Brown (1/4s) Carrot Sticks (1/2r) Ranch Fresh Melon (1/2c) Milk (1c) <i>ca=644 cb=84 so=1205</i></p>	<p>14 Tony's Pizza (2m, 2wg, 1/8r) Beef Peperoni Broccoli (3/4g) Ranch Fresh Melon (1/2c) Milk (1c) <i>ca=603 cb=89 so=1199</i></p>
<p>17 Meatballs, Mashed Potatoes & Gravy (1.8m, 5 meatballs, 3/4s) WG Dinner Roll (1wg) Fresh Pineapple (1/2c) Milk (1c) <i>ca=621 cb=75 so=1204</i></p>	<p>18 WG BBQ Chicken Patty & WG Bun (2m, 2.75wg) BBQ Sauce Broccoli (3/4g) Fresh Melon (1/2c) Milk (1c) <i>ca=625 cb=98 so=1171</i></p>	<p>19 Hamburger Patty & WG Bun (2m, 1.75wg) Ketchup Baked Beans (3/4l) Whole Banana (1/2c) Milk (1c) <i>ca=625 cb=111 so=1106</i></p>	<p>20 Meatball Sub & WG Bun (1.8m, 5 mballs, 1.5wg, 1/4r) Carrot Sticks (1/2r) Ranch Dressing Fresh Melon (1/2c) Milk (1c) <i>ca=600 cb=75 so=1211</i></p>	<p>21 Chili Cheese Wrap (2m, 2wg) WG Corn Chips (1wg) Celery (3/4o) Ranch Fresh Pineapple (1/2c) Milk (1c) <i>ca=620 cb=102 so=1087</i></p>
<p>24 WG Chicken Corndog (2m,2wg) Corn (3/4s) Ketchup WG Bear Grahams (1wg) Fresh Cut Pineapple (1/2c) Milk (1c) <i>ca=640 cb=116 so=805</i></p>	<p>25 Bosco Sticks -2 (1m, 2wg) Marinara (1/8r) Green Beans (3/4o) Fresh Melon (1/2c) Milk (1c) <i>ca=600 cb=103 so=795</i></p>	<p>26 WG Buffalo Chicken Patty & WG Bun (2m, 2.75wg) Buffalo Sauce Broccoli (3/4g) Fresh Melon (1/2c) Milk (1c) <i>ca=625 cb=98 so=1171</i></p>	<p>27 Meatballs & Spaghetti (1.8m, 5 meatballs, 1/4r marinara) WG Pasta (1/4wg) Carrot Sticks (1/2r) Fresh Pineapple (1/2c) WG Roll (1wg) Milk (1c) <i>ca=635 cb=66 so=1035</i></p>	<p>28 WG Chicken Nuggets (2m, 1wg) WG Dinner Roll (1wg) Ketchup Baked Beans (3/4l) Fresh Melon (1/2c) Milk (1c) <i>ca=630 cb=84 so=1230</i></p>
<p>31 Memorial Day</p>		<p><i>All bread items whole grain Fresh fruit served every day and may vary based on the season and ripeness</i></p>	<p><i>ca = calories grams cb = carbohydrates grams so = sodium mg Fat Free Chocolate Milk or 1% White Milk Offered</i></p>	<p><i>m = meat/protein wg = whole grain r = red/orange l = legume o = other s = starchy g = green</i></p>

NO PORK or PEANUTS SERVED AT ANY TIME MENU SUBJECT TO CHANGE

“this institution is an equal opportunity provider”

The U.S Department of Agriculture prohibits discrimination against its customers, employees, and applicants for employment on the bases of race, color, national origin, age, disability, sex, gender identity, religion, reprisal, and where applicable, political beliefs, marital status, familial or parental status, sexual orientation, or all or part of an individual's income is derived from any public assistance program, or protected genetic information in employment or in any program or activity conducted or funded by the Department. (Not all prohibited bases will apply to all programs and/or employment activities.)

If you wish to file a Civil Rights program complaint of discrimination, complete the [USDA Program Discrimination Complaint Form](http://www.ascr.usda.gov/complaint_filing_cust.html), found online at http://www.ascr.usda.gov/complaint_filing_cust.html, or at any USDA office, or call (866) 632-9992 to request the form. You may also write a letter containing all of the information requested in the form. Send your completed complaint form or letter to us by mail at U.S. Department of Agriculture, Director, Office of Adjudication, 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410, by fax (202) 690-7442 or email at program.intake@usda.gov.

Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish). USDA is an equal opportunity provider and employer.