

Menu Subject to Change Due To Product Availability And Quality



Covid-19 Shutdown Weekly Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Breakfast</p> <p>WG Chocolate Oatmeal Bar (2 grains) Applesauce (1/2c) Juice (1/2c) Milk (8oz)</p> <p><i>Sodium 280 Calories 485 Carbohydrates 84 Sugar 53</i></p>	<p>Breakfast</p> <p>Cinnabar Strudel (2 grains) Applesauce (1/2c) Juice (1/2c) Milk (8oz)</p> <p><i>Sodium 400 Calories 485 Carbohydrates 83 Sugar 49</i></p>	<p>Breakfast</p> <p>WG Honey/Cinnamon Roll (2 grains) Applesauce (1/2c) Juice (1/2c) Milk (8oz)</p> <p><i>Sodium 390 Calories 445 Carbohydrates 72 Sugar 43</i></p>	<p>Breakfast</p> <p>WG Smart Chocolate Muffin (2 grains) Applesauce (1/2c) Juice (1/2c) Milk (8oz)</p> <p><i>Sodium 280 Calories 475 Carbohydrates 83 Sugar 56</i></p>	<p>Breakfast</p> <p>Banana Bread Slice (2 grains) Applesauce (1/2c) Juice (1/2c) Milk (8oz)</p> <p><i>Sodium 330 Calories 385 Carbohydrates 76 Sugar 40</i></p>
<p>Lunch</p> <p>Sliced Deli Turkey, Cheese Slice, and WG Bun (2m, 1.75wg) Carrot Sticks (3/4r) Ranch Whole Fruit(1/2c) Milk (8oz)</p> <p><i>Sodium 1022 Calories 650 Carbohydrates 103</i></p>	<p>Lunch</p> <p>Sliced Beef Bologna, Cheese Slice, and WG Bun (2m, 1.75wg) Black Bean Salad (3/4l) Italian Dressing Whole Fruit(1/2c) Milk (8oz)</p> <p><i>Sodium 1137 Calories 612 Carbohydrates 95</i></p>	<p>Lunch</p> <p>Italian Sub Turkey Pepperoni, Turkey Ham, Cheese Slice, and WG Bun (2m, 1.5wg) Fresh Broccoli (3/4g) Ranch Italian Whole Fruit(1/2c) Milk (8oz)</p> <p><i>Sodium 1223 Calories 612 Carbohydrates 78</i></p>	<p>Lunch</p> <p>Sliced Deli Turkey Ham, Cheese Slice, and WG Bun (2m, 1.75wg) Celery Sticks (3/4o) Whole Fruit(1/2c) Milk (8oz)</p> <p><i>Sodium 1132 Calories 614 Carbohydrates 101</i></p>	<p>Lunch</p> <p>Bosco Sticks (1m, 2wg) Marinara (1/8r) Corn (3/4s) Whole Fruit(1/2c) Milk (8oz)</p> <p><i>Sodium 635 Calories 600 Carbohydrates 111</i></p>

NO PORK or PEANUTS SERVED AT ANY TIME MENU SUBJECT TO CHANGE

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